

PI	Stno	Name	YB	Club	Time
PROM1 - Fácil Curto (4) 1.2 km 65 m 14 C					
1	90021	Matilde+ Valter Luís	79	[1564] Individual POR	17:37
2	6338	Cristina Rocha + Inês Jesus	76	[062] CA Madeira	25:41
3	90022	Sofia Ferreira+ Ana Ferreira	12	[062] CA Madeira	33:24
4	9016	FranciscaS+LinaM +MarisaF		[1564] Individual POR	46:10
PROM3 - Fácil Longo (3) 1.5 km 75 m 15 C					
1	9006	Tânia Silva	89	[1564] Individual POR	33:01
2	9005	Ricardo Palet Almeida	65	[1564] Individual POR	1:03:41
3	4679	Maria Rocha	61	[172] ACM Madeira	1:04:59
H10 (2) 1.2 km 65 m 14 C					
1	6346	Pedro Ferro	10	[062] CA Madeira	27:01
2	6129	Tomás Velosa	09	[139] GDE	46:54
D12 (3) 1.4 km 65 m 14 C					
1	6340	Catarina Jesus	07	[062] CA Madeira	20:21
	6016	Leonor Soares	08	[139] GDE	mp
	6131	Debora Pita	07	[139] GDE	dns
H14 (4) 1.5 km 75 m 15 C					
1	6275	José Nunes	06	[139] GDE	1:17:15
2	6444	Roque Serrão	06	[139] GDE	1:20:18
	6249	Afonso Paulos	06	[139] GDE	dns
	6241	João Ferreira	06	[139] GDE	dns
D14 (5) 1.5 km 75 m 15 C					
1	5758	Inês Perdigão	05	[073] CMo Funchal	34:02
2	6290	Laura Fernandes	06	[139] GDE	59:58
3	5600	Catarina Vieira	06	[139] GDE	1:07:57
4	6296	Beatriz Graça	05	[139] GDE	1:16:01
	6252	Vanessa Câmara	06	[139] GDE	mp
H16 (6) 2.5 km 150 m 20 C					
1	5601	João Vieira	03	[139] GDE	28:29
2	5997	Pedro Pereira	03	[139] GDE	37:45
3	6274	Nuno Faria	03	[139] GDE	52:28
4	5998	Gonçalo Silva	04	[139] GDE	57:22
	6130	Nelson Pita	05	[139] GDE	dns
	6015	João Diniz	03	[139] GDE	dns
D16 (3) 1.9 km 110 m 15 C					
1	5611	Inês Soares	04	[139] GDE	28:41
2	6327	Beatriz Coelho	04	[033] Clube TAP	37:56
	6289	Fátima Soares	04	[139] GDE	dns

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H18 (2) 2.7 km 155 m 22 C					
1	5397	Filipe Jesus	01	[062] CA Madeira	39:44
	6240	Gonçalo Paulos	02	[139] GDE	dns
D18 (2) 2.1 km 130 m 18 C					
1	5768	Isaura Pestana	02	[139] GDE	49:13
2	5751	Clara Costa	02	[139] GDE	1:01:54
HE (11) 2.8 km 165 m 24 C					
1	3785	Nelson Baroca	80	[062] CA Madeira	27:15
2	5195	António Abreu	85	[158] ACDJS	28:57
3	2983	João Gomes	78	[062] CA Madeira	35:14
4	3026	Orlando Barros	71	[139] GDE	35:55
5	2092	António Olival	72	[062] CA Madeira	36:36
6	5950	Fábio Pereira	88	[073] CMo Funchal	36:56
7	6303	Ricardo Filipe V Gonçalves	85	[073] CMo Funchal	39:36
8	5816	Dinarte Jesus	83	[073] CMo Funchal	45:33
9	5820	Márcio Gouveia	79	[137] LCM	47:55
	2150	Xavier Vieira	69	[139] GDE	mp
	4667	Emanuel Barreto	66	[137] LCM	dns
DE (4) 2.7 km 155 m 22 C					
1	4333	Sónia Silva	75	[139] GDE	46:33
2	2289	Nélia Sousa	73	[062] CA Madeira	56:22
3	5944	Laura Ramos	92	[158] ACDJS	56:48
4	2174	Paula Rodrigues	67	[172] ACM Madeira	1:01:38
H21A (12) 2.5 km 150 m 20 C					
1	6473	Leonel Gomes	89	[158] ACDJS	29:29
2	6443	Rodolfo Ramos	86	[158] ACDJS	29:51
3	5598	Afonso Fernandes	01	[137] LCM	31:52
4	1449	Manuel Dias	52	[151] GafanhOri	32:22
5	5651	Rubim Gonçalves	81	[158] ACDJS	32:50
6	5852	João Figueira	83	[062] CA Madeira	36:48
7	5103	Diogo Melim	98	[062] CA Madeira	38:25
8	2369	Bruno Mendes		[062] CA Madeira	46:47
9	6337	David de Sousa	78	[062] CA Madeira	47:23
10	4298	Luís Gomes	76	[073] CMo Funchal	53:24
11	5882	Rodrigo Abreu	00	[139] GDE	53:43
12	5586	Luís Rosário	00	[062] CA Madeira	1:02:46
D21A (5) 2.1 km 130 m 18 C					
1	6261	Sofia Inácio	92	[073] CMo Funchal	41:48
2	6033	Melissa Jesus	90	[158] ACDJS	53:57
3	6216	Lucilia Sousa	79	[062] CA Madeira	57:52
4	6439	Fátima Olival	99	[137] LCM	1:28:09
	4789	Marta Nunes	78	[062] CA Madeira	dns

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H35 (10) 2.8 km 165 m 24 C					
1	2512	Vítor Sousa	74	[073] CMo Funchal	35:29
2	4169	Miguel Noia	73	[137] LCM	40:41
3	6461	Sérgio Catarino	82	[073] CMo Funchal	42:14
4	3712	Dinis Ferreira	76	[062] CA Madeira	42:39
5	2161	Sidónio Jesus	78	[062] CA Madeira	45:12
6	6134	Antonio Pereira	78	[062] CA Madeira	46:50
7	6231	Paulo Rodrigues	74	[073] CMo Funchal	48:21
8	4198	Sérgio Silva Lopes	79	[073] CMo Funchal	52:50
9	6137	Toni Silva	76	[137] LCM	1:01:46
	4464	Pedro Damião	79	[062] CA Madeira	mp
D35 (5) 2.1 km 130 m 18 C					
1	2272	Adriana Ladeira	64	[062] CA Madeira	37:26
2	3584	Ana Abreu	65	[039] CP Telecom	42:27
3	3286	Donita Barradas	79	[073] CMo Funchal	43:47
4	3713	Susana Graça	76	[062] CA Madeira	50:35
	5597	Inês Fernandes	72	[137] LCM	dns
H45 (4) 2.7 km 155 m 22 C					
1	2263	Duarte Andrade	70	[073] CMo Funchal	33:52
2	2982	Frederico Jesus	72	[062] CA Madeira	40:12
3	2162	Francisco Jesus	70	[062] CA Madeira	1:00:36
	2271	Ricardo Ladeira	65	[062] CA Madeira	dns
D45 (4) 1.9 km 110 m 15 C					
1	6239	Lídia Silva	68	[139] GDE	1:09:45
	6333	Ana Pita	72	[139] GDE	dns
	6238	Lúcia Costa	73	[139] GDE	dns
	5429	Fátima Fagundes	72	[073] CMo Funchal	dns
H50 (3) 2.5 km 150 m 20 C					
1	2099	José Bernardo	68	[070] COC	35:08
2	1471	José Pires	59	094 CPOC	41:31
	9003	Brendan Bolland	68	[10977] WAROC	dns
D50 (1) 1.7 km 105 m 14 C					
1	9013	Julia Jarvis	68	[11100] SO ENGLAND	27:58
H55 (8) 1.9 km 110 m 15 C					
1	9012	Steve Jarvis	63	[11100] SO ENGLAND	22:37
2	3147	Emanuel Abreu	61	[039] CP Telecom	30:11
3	2266	José Nunes	61	[062] CA Madeira	33:32
4	4792	José Rosário	59	[062] CA Madeira	34:34
5	3763	João Pupo	59	[039] CP Telecom	36:16
6	3983	José Sardinha	64	[039] CP Telecom	39:51
7	2364	António Amador	58	[073] CMo Funchal	39:54
8	4196	Carlos Jorge Silva	62	[062] CA Madeira	50:07

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D55 (3) 1.7 km 100 m 14 C					
1	4195	Susana Ines Silva	62	[062] CA Madeira	40:14
2	5704	Otilia Henriques	62	[073] CMo Funchal	1:27:45
	3764	Aida Pupo	59	[039] CP Telecom	dns
H60 (2) 1.7 km 105 m 14 C					
1	9009	Ulf Burman	58	[11052] Gustavsbergs OK	21:36
2	3430	Dias Coelho	55	[033] Clube TAP	1:06:10
D60 (2) 1.7 km 100 m 14 C					
1	9008	Anneli Lindkvist	54	[11052] Gustavsbergs OK	28:07
2	9010	Mezo Éva	56	[11057] PVM	35:12
H65 (1) 1.7 km 100 m 14 C					
1	9011	Fluck István	50	[11057] PVM	32:18
H70 (2) 1.5 km 85 m 15 C					
1	1576	Francisco Coelho	44	[033] Clube TAP	39:10
	9000	George Guy Goodair	36	[9899] EPOC	mp
D70 (2) 1.5 km 85 m 15 C					
1	9001	Judith Goodair	41	[9899] EPOC	29:59
	9002	Margaret Bolland	39	[10977] WAROC	dns